

NEWSLETTER



July 2023

HEALTHY SCHOOLS

The Summer Term came to a climax with the team running a series of School Sports Days, festivals and competitions. This included with Emmanuel Community School in Waltham Forest. Over 174 pupils from reception classes to year 6 took part and St Elizabeth Catholic Primary School which represented the Trust in the Premier League Disability Festival at Chelsea's Training Ground



YOUTH ENGAGEMENT & SUPPORT

The Team hosted a competition between two of the Trust's hubs in Redbridge between Loxford and Woodbridge. The Team has also been celebrating the South Asian Heritage Month in Redbridge

The Team is now focusing on delivering the Holiday Activities and Food Programme starting in Redbridge.



In Redbridge we're breaking down barriers - working with @leytonorientfc to offer free football training to disadvantaged children through the holidays.



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STUDY PROGRAMME

The Health Engagement Team continues to offer services including the 'Let's Talk about Health' event at Epicentre where participants also received a free chair-based exercise as part of a wider Summer offer



STUDY PROGRAMME

The academic year may have finished but the students have continued to engage with the Trust by supporting the PFA's Coach Education Programme



CLUB & COMMUNITY LIAISON

The Club's RainbOs Supporters Group Volunteers – alongside Club Mascot Theo – have been celebrating Pride Month – firstly by attending London Pride and then – with Trust staff at the Waltham Forest Pride.

The Men and Women's First Teams have now returned from their summer break and getting ready for the new season. Congratulations therefore to Jayden Sweeney who received his award as the O's Community Champion for the 2022/23 season

