

IMPACT REPORT

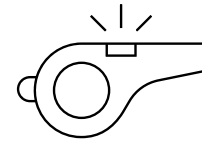
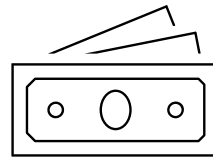
SEPTEMBER
2022 —
AUGUST 2023



INVESTMENT MADE IN THE COMMUNITY

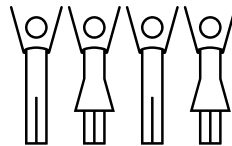


£1 million invested



**30 full time staff
delivering the
programmes**

**9,703 individuals engaged from
Waltham Forest, Hackney, Tower
Hamlets and Redbridge**



**90 sessions every
week**



HEALTHY SCHOOLS PREMIER LEAGUE PRIMARY STARS

Leyton orient trust delivers classroom based and pe activity driven sessions across multiple schools

4,482 pupils
engaged



31 teachers
engaged



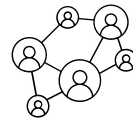
29 partnered
schools



8 anti-
discrimination
workshops



10 sporting festivals



7 social action
projects



21 targeted
interventions



49 education
activation workshops



HEALTHY SCHOOLS JOYS OF MOVING

Joy of moving
Move & Learn



This programme is taught in both classroom and playground settings with the goal of sparking children's enthusiasm for physical activity through a variety of enjoyable games. Over the course of six weeks, students participate in classroom sessions to learn about physical activity, its advantages, the importance of hydration, and the benefits of a balanced and diverse diet. Additionally, they engage in six weeks of enjoyable sports activities.



Engaged 27 With Different Schools



840 Engaged Pupils



Organised 5 Events



YOUTH ENGAGEMENT PREMIER LEAGUE KICKS



Leyton Orient Trust delivers outreach programmes working with 8-18 year olds through our many different engagement streams such as sports participation, volunteering and mentoring opportunities.



1,180 Engaged Participants



34 Volunteers



37 Qualifications Achieved



500 Young Women Engaged In LMCT Female Kicks



A Total Of 300 Sessions Have Been Delivered Across Kicks



21 Participants Engaged In Over 10 Hours Of Mentoring



YOUTH ENGAGEMENT

FA GIRLS EMERGING TALENT CENTRE

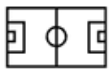
The primary goal of the Girls' Emerging Talent Centre's (ETCs) is Talent Identification for female players from underrepresented communities: They aim to discover and nurture prospective players for the future by offering convenient, top-notch training facilities in local communities. Leyton Orient Trust and Leyton Orient Football club have developed a talent centre in Leyton which hosts many talented young girls from the surrounding area.



50 Registered Participants



9 Coaches



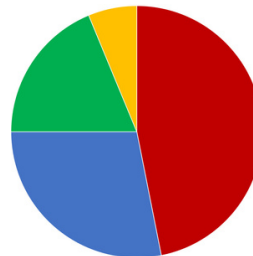
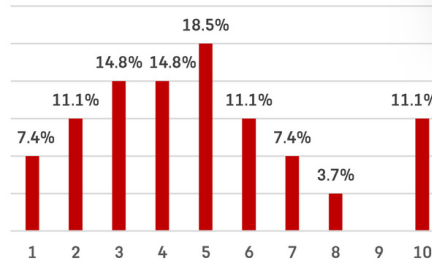
1 Centre

32 Delivered Sessions



5 Delivered Classroom Sessions

IMD Data



Ethnicity Data

46.9% white players
28.1% Multiple Ethnic Groups
18.8% Asian
6.2% Black



FUTURE LIONESSES
EFL TRUST
FEMALE TALENT INCLUSION

BEYOND THE BIAS

GIRLS TALENT ID FESTIVAL

We are looking for girls passionate about football to come along to our festival!

Skills challenges, workshops, small sided games, opportunities to make new friends and meet coaches, prizes, and refreshments!
This is for anyone who is interested in football and who is determined to improve their skills.

Venue: Mile End Stadium - 11-a-side Astroturf, E3 4HL

Dates and times:
Monday 29th May (players born in 2010/2011)
Friday 2nd June (players born in 2008/2009)
Both days 11:00 - 13:00

Registration: www.leytonorienttrust.org.uk/girls-engagement

YOUTH ENGAGEMENT

WALTHAM FOREST / REDBRIDGE HOLIDAY
ACTIVITY AND FOOD PROGRAMME



In collaboration with the London boroughs of Waltham Forest and Redbridge and the Department of Education, this programme aims to:

Engaged with 60 young people on Free School Meals on average per week for 7 weeks.



Promote healthier eating habits during school holidays. Encourage increased physical activity during school breaks.



Provide opportunities for engaging and enriching activities that foster resilience, character development, and overall well-being while enhancing educational achievement.



Ensure participant safety and prevent social isolation.



Enhance knowledge about health and nutrition.



Foster greater engagement with schools and local services.

Additionally, our goal is to empower participating families to:



Enhance their understanding of nutrition and effective budgeting for food.



Connect them with valuable information and support resources, such as those related to health, employment, and education.



YOUTH ENGAGEMENT CHANCES



substance.



Chances is a specialised mentoring programme under the social investment bond framework, developed in partnership with Sport England, Substance, Big Issue Invest and the London Borough of Waltham Forest. Leyton Orient Trust has worked in 2 schools engaging with just under 200 young people on a weekly basis.



193 Engaged In The Mentoring Programme



83 Referrals From Statutory Agencies



31 Gained An Accreditation



69 Improved Their School Attendance



1/2 Did Not Reoffend



YOUTH ENGAGEMENT PL INSPIRES



Premier League Inspires equips individuals to cultivate personal, social, employability, and life skills. This is achieved through a combination of regular in-person group sessions, mentorship, workshops, and engagement in social-action projects. These efforts not only provide immediate assistance to participants but also assist them in charting their future paths.



79 Engaged Participants



97 Sessions Delivered



7 Player Visits



10 Engaged In Social Action



YOUTH ENGAGEMENT

YOUTH JUSTICE SPORTS FUND

Leyton Orient Trust partnered with Street Games and the Youth Justice Sports Fund to provide young people with sporting opportunities to bridge the gap in anti social behaviour that young people become victims of. Our team ran 2 weekly sports based sessions meeting with over 40 young people each week alongside half term activity camps and strike day camps. We supported the young people through sports, mentoring, creative workshops and provided hot meals as an additional incentive.



273 Engaged Participants



24 Sessions Delivered



4 Teacher Strike Sessions

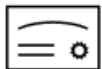


FURTHER AND HIGHER EDUCATION COURSES

Leyton orient trust offers comprehensive full-time further education programmes for individuals aged 16 to 18.



73 Students Enrolled.



68 Students Achieved A Qualification In All BTEC Levels.



Overall Retention Rate 98.3%



Overall Progression Rate 61%



HEALTH ENGAGEMENT

FIT O'S - ADVANTAGE

Leyton Orient Trust delivers initiatives focused on community health engagement, aimed at enhancing both physical and mental well-being. This includes fit fans, in partnership with the EFL Trust and Sport England, which is a free health programme for men and women aged 35-65 who are looking to lose weight, get fitter and lead a more active life.



2 Female Cohorts Engaging 40 Participants



AIMS OF THE PROGRAMME



1. Improve your eating habits
2. Test your knowledge about alcohol
3. Increase your activity levels
4. Reduce your weight at waistline
5. Support each other to track



The Advantage Programme is a targeted early intervention youth mental health mentoring programme delivered in partnership with West Ham, Arsenal and NELFT.



18 Engaged Young People Engaged In The Programme



HEALTH ENGAGEMENT

COMMUNITY HEALTH CHAMPIONS

This programme focuses on improving the health and well-being for Waltham Forest residents.



161 Total Sessions Delivered



34 Volunteers Engaged



7 Volunteers Completed Walk Leader Training



2 Weekly Well Being Café's



14 Partners



1,435 Residents Engaged With CHC Programme



STAY CONNECTED IN YOUR COMMUNITY



COPING FOOTBALL

THROUGH



Coping through football is a sustainable treatment and recovery model, designed to effectively engage and enhance the well-being of adults and young individuals grappling with mental health challenges.



The Programme Engages With 146 Adults And 47 Young People 4 Times Per Week.



CLUB LIAISON

In partnership with Leyton Orient Football Club, the PFA and EASST, the trust is given priceless access to players, the stadium, and match days, which serves as a strong incentive and source of motivation for participants involved with the trust.



1,855 Hours Of Player Visits



Over £5,000 Raised For 8 Local Charities



15,000 Free Or Discounted Tickets Distributed



70 Player Visits



300 People Taken Part In Match Day Activities



Omar Beckles Wins EFL Player In The Community Award

