

NEWSLETTER



August 2023

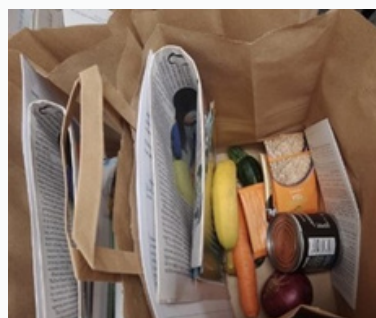
YOUTH ENGAGEMENT

- During the summer holidays, the Trust Team delivered the Holiday Activities and Food Programme to 11–16-year-olds on free school meals in Redbridge and Waltham Forest. The Programme consisted of multi sports sessions, nutritional workshops and free hot meals with over 300 benefiting.
- In addition the Trust delivered the Weetabix Wildcats programme, with the aim of enhancing the participation of girls in playing football, learning new skills and meeting new girls with the same passion for football.
- The Trust also organised weekly sessions on the Pembury Estate in Hackney and at the Seddon Centre on the Beaumont Estate in Leyton.
- To cap off the Summer Programme the Trust organised an East London Basketball competition Let's Ball 3v3 which involved over 120 10–18-year-olds, the Met Police Taskforce and welcomed guest appearances from Orient First Team players Dan Happe and Ed Turns who got fully involved and showed off their basketball skills.



HEALTH ENGAGEMENT

The Community Living Room based in the East Stand was open through August welcoming local residents for the nutrition workshop, vitamin + mineral session, and chair exercises. Participants received information regarding well-being, and a goody bag to prepare healthy meals.



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STUDY PROGRAMME

Although the Academic Year finished in June, progressing prospective students resumed training twice a week, to be ready to start the new season where the First Team will be competing in the EFL's Study Programme League. The Trust Staff Team spent the last two weeks of August enrolling new students following the release of GCSE results. To date over 100 have signed up for the new Academic Year.



CLUB & COMMUNITY LIAISON

To celebrate South Asian Heritage Month our Youth Engagement Manager Hafiz shared his journey. From a participant, moving into a volunteer and employed as a casual sports coach to rising into his current role at Leyton Orient Trust to enhance meaningful opportunities and positive impact in the community.

